

In Matthew Henry's "Account of the Life and Death of his father, Philip Henry," he says: "Once, pressing the study of the Scriptures, he advised us to take a verse of this Psalm every morning to meditate upon, and so go over the Psalm twice in the year; and that, saith he, will bring you to be in love with all the rest of the Scriptures." He often said, "All grace grows as love to the word of God grows."

1. **God's law**, because they are enacted by him as our Sovereign.
2. **His way**, because they are the rule both of his providence and of our obedience.
3. **His testimonies**, because they are solemnly declared to the world, and attested beyond contradiction.
4. **His commandments**, because given with authority, and (as the word signifies) lodged with us as a trust.
5. **His precepts**, because prescribed to us, and not left indifferent.
6. **His word, or saying**, because it is the declaration of his mind, and Christ the essential, eternal Word is all in all in it.
7. **His judgments**, because framed in infinite wisdom, and because by them we must both judge and be judged.
8. **His righteousness**, because it is all holy, just, and good, and the rule and standard of righteousness.
9. **His statutes**, because they are fixed and determined, and of perpetual obligation.
10. **His truth or faithfulness**, because the principles upon which divine law is built are eternal truths. *Matthew Henry.*

"Way" (Ps 119:1, etc.). "Law" (Ps 119:1). "Testimonies" (Ps 119:2). "Precepts" (Ps 119:4). "Statutes" (Ps 119:5). "Commandments" (Ps 119:6). "Judgments" (Ps 119:7). "Word" (Ps 119:9). "Truth" (Ps 119:30). "Righteousness" (Ps 119:40).

119:1 ¶ ALEPH. Blessed are the undefiled in the way, Who walk in the law of the LORD!

Blessed

This first verse is not only a preface to the whole Psalm, but it may also be regarded as the text upon which the rest is a discourse

Holiness is happiness, and it is our wisdom first to seek the Kingdom of God and his righteousness

Undefiled: complete, whole

The way: no advancement in life unless we are certain of way

Pr 14:12 There is a way *that seems* right to a man, But its end *is* the way of death.

Who walk in the law of the LORD!

Motion with out strife

The holy life is a walk, a steady progress, a quiet advance

Ps 19:7 The law of the LORD *is* perfect, converting the soul;

Ro 13:10 Love does no harm to a neighbor; therefore love *is* the fulfillment of the law.

2 Blessed are those who keep His testimonies, Who seek Him with the whole heart!

Keep: Guard

There is a doctrinal keeping of the word when we are ready to die for its defence, and a practical keeping of it when we actually live under its power

Ps 19:7 The testimony of the LORD *is* sure, making wise the simple;

Seek: to investigate, enquire : crave

Mt 6:33 “But seek first the kingdom of God and His righteousness

Seeking after God signifies a desire to commune with him more closely, to follow him more fully

This not cold research of the mind but a craving of the heart

3 They also do no iniquity; They walk in His ways.

Path to perfection

1 John 3:9 Whoever has been born of God does not sin, for His seed remains in him; and he cannot sin, because he has been born of God.

Jesus is our path to perfection

4 ¶ You have commanded us To keep Your precepts diligently.

God's precepts require *careful* obedience: there is no keeping them by accident

De 5:32 “Therefore you shall be careful to do as the LORD your God has commanded you; you shall not turn aside to the right hand or to the left.

5 Oh, that my ways were directed To keep Your statutes!

Ex 4:15 “Now you shall speak to him and put the words in his mouth. And I will be with your mouth and with his mouth, and **I will teach you** what you shall do.

Ps 19:8 The statutes of the LORD *are* right, rejoicing the heart;

6 Then I would not be ashamed, When I look into all Your commandments.

Ro 1:16* For I am not ashamed of the gospel of Christ, for it is the power of God to salvation for everyone who believes, for the Jew first and also for the Greek.

Psalm 19:8 The commandment of the LORD *is* pure, enlightening the eyes;

Ps 34:5 They looked to Him and were radiant, And their faces were not ashamed.

7 ¶ I will praise You with uprightness of heart, When I learn Your righteous judgments.

The judgments of the LORD *are* true *and* righteous altogether

We must learn to praise, learn that we may praise, and praise when we have learned.

8 I will keep Your statutes; Oh, do not forsake me utterly!

A calm resolve

I will because you are